



Career Guide

PEDIATRICS

American Academy of Pediatrics (AAP) Annual Meeting
September 15 - September 19, 2017 - Chicago, IL





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Nestled into the Rocky Mountains just a stone's throw from Glacier National Park, Kalispell, Montana offers an unparalleled quality of life and some of the best views in the world. Combined with a unique collegial medical environment that is committed to excellence, Kalispell Regional Healthcare offers one of the best working environments around. Come join our growing team!

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Publisher Elsevier Art Director Tamara Thomas Ad Sales Kenneth Naylor

Chicago: Enjoy The Windy City

There's so much to see and just as much to do in Chicago.

hicago is one of the largest US cities and an international hub for finance, commerce, industry, technology, telecommunications, and transportation. The city is also famously called the "Windy City" for its frigid breezes blowing off Lake Michigan where it is situated. Despite the weather, tens of millions of tourists a year enjoy the bold architecture, sports arenas, jazz clubs and museums of this populous city that made the deep-dish pizza famous. Below is a "What to do in Chicago" guide so you can enjoy the local flavor:

What To See

Adler Planetarium

Adler Planetarium is a public museum dedicated to astronomy and astrophysics. Founded in 1930 by Chicago businessman Max Adler, the museum is America's first planetarium and is part of Chicago's Museum Campus (comprised of the Planetarium, John G. Shedd Aquarium and The Field Museum). It became a National Historic Landmark in 1987.

Adler Planetarium has three full-sized theaters with featured shows; space science exhibits including their most recent Chasing Eclipses, and the interactive workshop Community Design Lab; and the Doane Observatory, a lakeside observatory that is one of the only public, research-active observatories. The planetarium also has a collection of print materials and antique scientific instruments on display. Visit Adler's Store to make a purchase that supports research and STEM (Science, Technology, Engineering and Math) throughout the Midwest, or Galileo's Café for a freshly prepared bite to eat.

Adler Planetarium is open 9:30am-4pm daily. Visit their website for ticket prices and show information.

1300 S Lake Shore Drive Chicago, IL 60605 adlerplanetarium.org

Chicago Riverwalk

Chicago Riverwalk is a pedestrian waterfront along the Chicago River. In 2016, it was expanded an additional 9 blocks and revamped into a series of six distinct civic spaces or "rooms" with names like Marina (food vendors and waterfront seating), the Cove (kayaking and boat rentals) and the River Theater (amphitheater seating). The Riverwalk provides an escape from the concrete, steel and glass of the city.

Enjoy floating gardens during your Riverwalk visit. Water Taxis and Boat Charters are available to enjoy viewing and learning about the city.

City Winery Chicago offers River Domes to shield patrons from inclement weather while offering city views of the skyline and river.

Visit the website for more information about all the activities, attractions and events scheduled during your stay. chicagoriverwalk.us

Museum of Contemporary Art

Museum of Contemporary Art (MCA) is one of the world's largest contemporary art venues. It is near Water Tower Place in downtown Chicago and was established in 1967. The museum is operated gallery style, with individual exhibits curated throughout the year. Exhibits can consist of temporary loans, permanent collection pieces, or some combination of temporary and permanent exhibits.



The museum's collections include the work of Alexander Calder, Jasper Johns, Cindy Sherman, Kara Walker and Andy Warhol. Notable past exhibits include the record-breaking *David Bowie Is* exhibit, with almost 200,000 attendees. MCA, also contains historical surrealism, pop art minimalism and postmodernism along with contemporary painting sculpture, photograph, video and installation.

Featured exhibitions during September 2017 will include Little Lower Layer, Chicago Works: Amanda Williams, and Takashi Murakami: The Octopus Eats Its Own Legs.

Visit Museum of Contemporary Art's website for event, performance and ticket information.

220 East Chicago Avenue Chicago, IL 60611 mcachicago.org

The Second City

The Second City is the first ever improvisational theater troupe. This improvisation comedy enterprise began in 1959 and is one of the most influential and prolific comedy theaters in the world. Their name came from the title of an article in The New Yorker about Chicago. Second City counts Dan Aykroyd, Gilda Radner, John Candy, Joan Rivers, Tina Fey, Steve Carell, Stephen Colbert, Jane Lynch and Mike Meyers among the long list of alumni who have cut teeth on their stage. There are also

theaters in Toronto and Los Angeles in case you can't make it to a Chicago show.

The Second City Chicago has three sketch and improv comedy shows in rotation at Chicago Mainstage: "The Best of Second City Shows" (Saturdays & Sundays at 4pm, Mondays at 8pm); "The Second City Improv All-Stars" (Mondays at 7pm); and, "The Winner... Of Our Discontent" (Tuesdays to Sundays 8pm and 11pm).

Visit the website for ticket purchases and to learn more about The Second City.

1616 North Wells Street

Chicago, IL 60614 secondcity.com

Where To Shop

The Magnificent Mile

No stay in Chicago would be complete without a trip to The Magnificent Mile on Downtown Michigan Avenue. It is currently Chicago's largest shopping district with 460 retailers featuring mid-range to high-end shopping opportunities. Magnificent Mile is also the location of some of the US's tallest buildings such as the John Hancock Center and landmarks such as Wrigley Building.

Shops range in category from apparel or cosmetics to pet boutiques or toys. You'll find names such as Chanel, Gucci, Kiehl's, Hugo Boss, and Crate & Barrel along The Mag Mile. Take a break from shopping so you can dine at one of the Magnificent Mile's 275 award-winning restaurants.

Visit the website for a complete list of retailers, restaurants and events happening during your stay.

themagnificentmile.com

Where To Dine

Andy's Jazz Club

Andy's Jazz Club offers the full jazz club experience with tasty dining and mixed drinks. This low-key, intimate club attracts a mature crowd with nightly jazz performances and an American menu. Perfect for the after-work crowd or for tourists looking to immerse themselves in Andy's soulful jazz vibe minus the cigarette smoke. There's a two-hour table maximum, but it's not always strictly enforced. Be prepared for a crowded room as hot performances take the stage twice a night.

11 East Hubbard Street, Suite 1 Chicago, IL 60611 312-642-6805 andysjazzclub.com

Tortoise Supper Club

Tortoise Supper Club offers the full jazz club experience with tasty dining and mixes an upscale supper club with dark mahogany and leather finishes that give it a throwback vibe. American menu favorites like seafood and steaks are served by friendly wait staff and the specialty cocktails are impressive. Live jazz shows are on weekends only, but if you want to entertain clients or impress the father-in-law, this is the place to do it.

650 North Street Chicago, IL 60654 312-755-1700 tortoiseclub.com

Bandera Restaurant

Bandera Restaurant on Magnificent Mile does American cuisine with southwestern flair. Their specialties include barbecue ribs, rotisserie chicken and cornbread served in a skillet, but they are also a crowd favorite because they're one of the few restaurants in town that offers delicious veggie burgers. They've made "USA Today's Best 10" list for restaurants; but nightly live jazz music doesn't hurt either. Window seats with a view are in high demand at Bandera's, so don't be surprised if you don't get one.

535 N Michigan Avenue Chicago, IL 60611 312-644-3524

Banderarestaurants.com



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• Pediatric Emergency Medicine

Sioux Falls, SD

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Fargo, ND

- Pediatric ENT Fargo, ND
- Pediatric Gastroenterology

Fargo, ND

• Pediatric General

Alexandra, MN Bemidji, MN Dickinson, ND Fargo, ND Minot, ND Duncan, OK

Pediatric Neurology

Fargo, ND Sioux Falls, SD

- Pediatric Ophthalmology
 Fargo, ND
- Pediatric PM&R

Fargo, ND

- Pediatric Psychology Fargo, ND
- Pediatric Pulmonary Fargo, ND

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FOR MORE INFORMATION, CONTACT:

Martty Trout, Physician Recruitment (701) 417-4814 Martty.trout@sanfordhealth.org

019054-00073 8/17

University of California San Francisco



School of Medicine Fresno Medical Education Program



UCSF FRESNO PEDIATRIC GASTROENTEROLOGY OPPORTUNITY

The UCSF Fresno Medical Education Program and Central California Faculty Medical Group (CCFMG) are currently recruiting for Academic Pediatric Faculty in Gastroenterology at the Assistant, Associate or Full Professor rank. The successful candidate must have completed a Pediatric Residency, be Board Certified in Pediatrics, completed subspecialty training in Gastroenterology care and have a U.S. medical license at the time of hire. The responsibilities include teaching Residents and students and providing specialty care to Pediatrics patients in Fresno and potentially San Francisco. Interest or experience in patient centered research in IBD, liver disease and eosinophilic esophagitis is desirable. Academic rank and very competitive salary will be consistent with the successful candidate's professional background. The UCSF Fresno Medical Education Program sees patients in a Regional Medical Center and has very successful faculty practice sites.

The program is based in Fresno, California, where residents enjoy a high standard of living combined with a low cost of living. The result is a quality of life uniquely Californian, yet surprisingly affordable. Limitless recreational opportunities and spectacular scenery is all accessible in a community with abundant affordable housing. While there is much to see and do in Fresno, the city is ideally located for fast, convenient getaways to the majestic Sierra (just 90 minutes away) as well as the scenic Central Coast, just two and one-half hours away. Fresno is the only major city in the country with close proximity to three national parks, including renowned Yosemite National Park.

Please apply online at https://aprecruit.ucsf.edu/apply/JPF001132

UCSF seeks candidates whose experience, teaching, research, or community service has prepared them to contribute to our commitment to diversity and excellence. The University of California is an Equal opportunity/Affirmative Action Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sexual orientation, gender identitiy, national origin, disability, age or protected status.



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PEDIATRIC SPECIALIST CAREER OPPORTUNITIES

Joe DiMaggio Children's Hospital continues to grow and is actively recruiting BE/BC pediatric specialists and sub-specialists.

These are full-time employed positions with the multispecialty Memorial Physician Group. The positions offer competitive benefits and compensation packages that are commensurate with training and experience. Professional malpractice and medical liability are covered under sovereign immunity.

About Joe DiMaggio Children's Hospital

Joe DiMaggio Children's Hospital opened in 1992 and has grown to be the leading children's hospital in Broward and Palm Beach counties. With 226 beds, an 84-bed Level II and III NICU, 30-bed PICU and 12bed intermediate care unit, Joe DiMaggio Children's Hospital combines leading-edge clinical excellence with a child- and family-friendly environment that emphasizes the Power of Play. Located in the heart of South Florida, a high quality of life - including year-round summer weather, exciting multiculturalism and **no state income tax** – attracts new residents from all over the country and around the world.

To see job descriptions or to submit your CV for consideration, please visit memorialphysician.com. Additional information about Joe DiMaggio Children's Hospital can be found at jdch.com.

visit memorialphysician.com



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- Psychiatry
- Pulmonology
- Surgery

Please contact:

Stacey Morin, Physician Recruiter Call (309) 683-8354 or email stacey.e.morin@osfhealthcare.org osfcareers.org



EOE/Minorities/Females/Veterans/Disabled



urnout is the state of mental and physical exhaustion caused by one's professional life. The term was first used by the psychologist Herbert Freudenberger, the author of Burnout: The High Cost of Achievement to describe the consequences of people in high-stress careers with set ideals. Freudenberger noted that burnout was particularly prevalent in 'helping' professions like healthcare. In fact, burnout is on the rise in the medical industry. The 2017 Physician Lifestyle Survey reported that 51% of the participants (over 14,000 participants) suffered from burnout. That's up from 46% in 2015 and 40% in 2013.

Burnout also appears to be more common in women than in men. Approximately 55% of women in the 2017 study reported burnout compared to 45% of men. Conversely, 45% of men and 39% of women reported being happy at work.

Why Physicians Suffer Burnout

Healthcare is a high-stress industry, making it ripe for burnout. There are a number of things that can cause burnout:

- · Long, demanding hours
- Pressure from patients or colleagues
- Employer issues
- Work overload
- · Too many administrative challenges

Problems outside of work can also lead to burnout. Marital issues, family problems, and financial worries are all major contributors. Understanding how at risk you are for burnout as a physician is important. Once you know what can trigger

it, you can begin to develop preventive coping mechanisms to head it off at the pass.

How to Identify and Avoid Physician Burnout

Unfortunately, there are no quick fixes when dealing with burnout. Realizing that you are suffering from the condition is a great first step, however. The following steps won't all work for you, but one or two could provide the solution you need to get rid of burnout.

See your doctor It may seem counter-intuitive to visit another medical professional given your training, but a physician trained in Stress Management can offer a different perspective and identify issues that may be aggravating the issue. Existing medical conditions, nutritional imbalances, and lack of sleep can all play a part and add to the feeling of burnout.

Be aware of your feelings When you're feeling burned out, it can be difficult to determine exactly how you feel and what is wrong, which can add to your stress levels. Being present in the moment is a great way to zero in on exactly how you feel as you are feeling it, so you can isolate any triggers that might not previously have been obvious to you. Doing this frequently throughout the day, even if it's just for a couple of seconds, can help you understand how you feel and why. Once you know how you feel - whether you are stressed, angry, tense, or tired and why you feel this way, you can take steps to fix it.

Excercise more Exercise can be a great stress reliever. If you feel like you are suffering from symptoms of burnout and you don't have an exercise plan, consider incorporating it into your daily routine. Health professionals have some of the busiest



lives of any profession, but even 10 minutes of jumping rope or yoga stretches in the morning can help you focus.

Talk to people Reaching out to friends, family and even colleagues can be a great way to relieve stress. Even if you only tell someone how you are feeling at that very moment, saying it out loud can help you understand how you feel. Speaking to other professionals can help you understand that other may feel the way you do. Knowing that you are not alone can be a big help.

Get away from it all If you're burned out at work, trying to power through it is not the answer. Instead, take a break and try to get away from it all. It doesn't have to be for a week; a weekend can work, too. A change of scenery could be just the thing you need to recharge your battery.

Be open to new opportunities Quitting your job may seem like the most straightforward solution, but there's no guarantee that you won't feel exactly the same way in your new job. Before considering quitting, implement some of the strategies above that can help you relieve stress and achieve a better work-life balance. If you still feel burned out after a couple of months of implementing these coping techniques, then you should take a closer look at your hours and responsibilities and consider other career options that will work best for you (ex: locum tenens work; seeing less patients; relocating to a rural setting).

Remember, it's normal to feel stressed in any profession. But when feeling fed up becomes the norm, it's time to take steps to deal with burnout before it affects your entire life.

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stephen.sellers@coffeeregional.org



University of California San Francisco



School of Medicine Fresno Medical Education Program



UCSF FRESNO PEDIATRIC INTENSIVE CARE OPPORTUNITY

The UCSF Fresno Medical Education Program and Central California Faculty Medical Group (CCFMG) are currently recruiting for academic pediatrics faculty in intensive care at the Assistant, Associate or full Professor Rank. The successful candidate must have completed a Pediatric residency, must be board-certified in pediatrics and completed subspecialty training in intensive care. The responsibilities include teaching residents and students and providing specialty care to pediatric patients. Interest or experience in patient centered research is desirable. Academic rank and salary will be consistent with the successful candidate's professional background. The UCSF Fresno Medical Education Program sees patients in a Regional Medical Center and has very successful faculty practice sites.

The program is based in Fresno, California, where residents enjoy a high standard of living combined with a low cost of living. The result is a quality of life uniquely Californian, yet surprisingly affordable. Limitless recreational opportunities and spectacular scenery is all accessible in a community with abundant affordable housing. While there is much to see and do in Fresno, the city is ideally located for fast, convenient getaways to the majestic Sierra (just 90 minutes away) as well as the scenic Central Coast, just two and one-half hours away. Fresno is the only major city in the country with close proximity to three national parks, including renowned Yosemite National Park.

Please apply online at https://aprecruit.ucsf.edu/apply/JPF01176

UCSF seeks candidates whose experience, teaching, research, or community service has prepared them to contribute to our commitment to diversity and excellence.

The University of California is an Equal opportunity/Affirmative Action Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sexual orientation, gender identitiy, national origin, disability, age or protected status.



Tacoma, Washington

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For more information, please call the Medical Recruiter at 253-968-3320 or e-mail: lucecita.roper.civ@mail.mil



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Interested candidates are invited to contact:

Jacqueline Jones, M.D.
Berkshire Pediatric Associates, P.C.
777 North St.
Pittsfield, MA 01201

Email: jmwjones@hotmail.com



www.berkshirehealthsystems.org

Is Your CV Working?

How to Stand Out as a Candidate and Create a Good First Impression.

fler graduating from medical school, you may assume that you'll be able to walk into a job at practically any medical facility in the country. After all, the world needs qualified doctors and nurses. Unfortunately, getting the job that you want in medicine can often be as difficult as getting into medical school in the first place. Hundreds of candidates, all likely as qualified as you, are applying. For less specialized roles, the competition can be much more intense. Often, the only chance candidates have at getting a foot in the door is their CV. And because most candidates have received the same level of education and work experience, the smallest thing can make a difference. Research shows you only have 6.25 seconds to impress an employer—you better make those seconds count. With that in mind, is your CV working?

Is Everything Present and Correct?

The biggest mistake you can make on your CV is not including all of your relevant information. At the same time, be careful not to overdo it. In most instances, a two- to four-page CV is enough. However, experienced academics would usually have longer CVs because of the nature of their jobs. There aren't strict rules to the structure of your CV as accepted practices. Your name, your education, and details of your current and previous positions are by far the most important. According to Ladders, employers focus the majority (80%) of the initial six seconds on these areas.

For residents or new physicians who do not have much work experience yet, the most emphasized category in your CV should be your medical education. Include the name of your medical school, the city and state or country where it is located, your degree, and year of completion. For your list of internships, residencies, and fellowships, include your area of specialization, the facility, and its location, as well as the year of completion. Also, highlight academic or other achievements. Below is a breakdown of everything a thorough medical CV should cover:

- Education
- Training
- Internship
- Residency
- Fellowship
- Practice
- Academic Distinctions/Leadership Positions
- Research
- Practice Experience (distinguish categories like management, direct care, hospital-based, etc.)
- Publications
- Presentations
- Professional Memberships
- Board Certification (list boards and national examinations that you have taken)
- Licensure (list down the states where you have a license to practice medicine)
- Other Relevant Work Experience
- Professional Honors/Distinctions
- Other Relevant Specialized Skills

Aside from having all of the correct information, you must also make sure that your CV is well-structured and accurate. It is important that you don't embellish because chances are it will be spotted quickly. The Society for Human Resource Management found that 60% of HR professionals discover "inaccuracies" in the resumes they review.

Does it Pass a Quick Scan?

Often a quick scan is all your CV receives. It has to cut the mustard in this respect. CompHealth has a guide to making sure your CV stands out within 15 seconds. The key points are

making sure that your CV:

- Aligns with the skills and experience the job requires
- Includes all of the key information employers look for: education, board certification, work history, career history, timelines
- Is easy on the eyes
- Is error-free

If your CV looks good at first pass, you can then start analyzing it in detail.

Is it Free of Typos or Errors?

As a medical professional, you need to be meticulous in your attention to detail. In our world, one small error can have significant, often harmful consequences. An error or typo on your CV isn't a good start. In a survey of 150 executives by Accountemps, 40% said one typo was enough to rule a candidate out.

When you've spent so long polishing your CV, it can be hard to see the forest through the trees. Typos aren't immediately obvious. The key, therefore, is to have someone look over your CV for you. Better yet, find a healthcare professional or someone who has experience recruiting employees to take a look at your CV. They will be able to offer a level of insight your friends or family can't.

Does Your CV Come with a Cover Letter?

Some physicians looking for a practice opportunity might think that a cover letter isn't important. More often than not, however, a cover letter will differentiate you from other people who applied for the position. While all CVs can look and read the

same, a cover letter is a chance to stand out and be different. You might be the only candidate to include one at all.

Craig Fowler, former president of the National Association of Physician Recruiters (NAPR), stresses the important role a cover letter can play. He believes eight out of ten candidates who express interest in a role don't include a cover letter with their CV. It can really be a differentiator between getting the interview and getting passed over for consideration.

A cover letter is the best way to show your future employer that you have researched the position and the organization before you applied. Where your CV will show you are qualified, a cover letter can describe why you want the role, what you like about it and why you should be considered.

Don't overdo it, however. A single-page, three-paragraph cover letter is recommended. Use simple language and a professional, business letter layout.

Ideally, the first paragraph should include a self-introduction and should state why you are writing. The second paragraph should provide the reasons behind your interest in the opportunity, why you like the position and why you want to work for that organization. In the third and last paragraph, thank the recipient for reviewing your application and conclude the letter by saying that you look forward to hearing from the recipient soon.

Underestimating the importance of your CV and not giving it the time and attention it deserves is as bad as not having one at all. As the first thing recruiters and healthcare HR professionals read about you, make sure they are impressed.

We hope these tips will help your CV catch a recruiter's eye.

University of California San Francisco



School of Medicine Fresno Medical Education Program



PROGRAM CHIEF AND VICE-CHAIR PEDIATRICS UNIVERSITY OF CALIFORNIA, SAN FRANCISCO FRESNO MEDICAL EDUCATION PROGRAM

The UCSF Fresno Medical Education Program and Central California Faculty Medical Group (CCFMG) are currently recruiting for an experienced academic physician at the Associate or Professor level to lead its Pediatrics program and serve as Vice-Chair in the UCSF Department of Pediatrics. UCSF Fresno Pediatrics core teaching faculty are primarily based at Community Regional Medical Center, a large community hospital with 10,000 deliveries a year, a Level I Trauma Center, comprehensive regional Burn Center, Level III NICU, PICU, and a busy ambulatory center of primary care and subspecialty pediatrics. Volunteer faculty provide learners with experiences in primary care at community-based practice sites and in tertiary care at Valley Children's Hospital.

Applicants must be board certified in pediatrics, have proven leadership skills, have demonstrated ability to create collaborative relationships and have an established area of research interest. Applicants must have a medical degree; MD, DO, or equivalent.

Applicants must be California licensed or eligible to obtain a California license. Faculty appointment with UCSF will be commensurate with the applicant's background and accomplishments. Employment can be with either the CCFMG faculty group or with the University of California.

The UCSF Fresno Pediatric faculty are responsible for supervising 36 residents' continuity experience, outpatient pediatric subspecialty experiences and inpatient services at both Community Regional Medical Center and Valley Children's Hospital. Residents and faculty are dedicated to caring for the population in the Central Valley of California.

Fresno is an ethnically diverse area that offers an affordable California lifestyle close to National Parks, the Pacific coast and San Francisco. Join a large faculty medical group in Central California with great clinical and academic opportunities.

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UC San Francisco seeks candidates whose experience, teaching, research, or community service that has prepared them to contribute to our commitment to diversity and excellence.

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MIDWEST PEDIATRIC OPPORTUNITIES IN INDIANA

Franciscan Physician Network has more than 850 physicians and advanced practice providers who care for more than four million patients at 260 practice locations annually. This network brings together, under one name, the many primary care and specialty physician groups associated with Franciscan Health's hospitals and access

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Michigan

Michigan City

Indiana

Indianapolis

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AMERICAN ACADEMY OF PEDIATRICS NATIONAL CONFERENCE - Booth #712 September 16th – 18th, 2017 McCormick Place Convention Center Chicago, IL

LUNCHEON SYMPOSIUM Sunday, September 17th, 2017 12:00pm-1:30pm 14 Parish 2333 S Michigan Ave., Chicago, IL 60616

The Permanente Medical Group, Inc. is one of the largest medical groups in the nation with over 9,000 physicians, 22 medical centers, numerous clinics throughout Northern and Central California.

PEDIATRICIAN & PEDIATRIC SUB-SPECIALIST OPPORTUNITIES

Northern & Central California

For more information about our opportunities or to learn about attending our Luncheon Symposium, please contact Judy Padilla at **Judy.G.Padilla@kp.org** or call (510) 625-5915.

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- State-of-the-art facilities
- Multi-specialty collaboration and integration
- Technology-driven innovation
- Mission driven, patient care-centered and one of the largest progressive medical groups in the nation!

EXTRAORDINARY BENEFITS:

- Shareholder track
- Unparalleled stability 70 years strong
- Shared call
- Moving allowance
- No cost medical and dental
- Home loan assistance (approval required)
- Malpractice and tail insurance
- Three retirement plans, including pension
- Paid holidays, sick leave, education leave (with generous stipend)



We are an EOE/AA/M/F/D/V Employer. VEVRAA Federal Contractor